

# Warm Brussel Sprout & Cranberry Slaw

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-thanksgiving-brussel-sprouts-recipe>

## Ingredients:

- 1 pound brussel sprouts
- 1/2 cup fresh cranberries
- 1 tablespoon coconut oil
- 1 tablespoon maple syrup dark
- 1 tablespoon balsamic vinegar
- black pepper
- sea salt
- 1/4 cup chopped pecans

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 18 grams
3. Fat: 8 grams
4. Fiber: 7 grams
5. Protein: 4 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 230 milligrams
8. Sugar: 7 grams

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