

Better Than Sex Brisket

Yield: 5 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexican-empanada-recipe-apple>

Ingredients:

- 4 pounds brisket “point”
- 2 apple parts
- 2 tablespoons beef base
- 2 tablespoons garlic salt
- 2 tablespoons ground pepper fresh, I used smoked black pepper
- 2 tablespoons chile powder
- 1 tablespoon light brown sugar
- 1 tablespoon smoked paprika
- 2 tablespoons light brown sugar I used bourbon barrel smoked brown sugar
- 2 tablespoons shallots chopped
- 2 tablespoons apple juice OR 2tbsp sweet tea, funny story here
- 3/4 cup bbq sauce your favorite
- 2 tablespoons light brown sugar
- 1 tablespoon apple cider vinegar

Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 225 milligrams
4. Fat: 26 grams
5. Fiber: 4 grams
6. Protein: 78 grams
7. SaturatedFat: 11 grams
8. Sodium: 740 milligrams
9. Sugar: 32 grams

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