

# The Best Blueberry Muffin

Yield: 12 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/best-blueberry-muffin-recipe-with-greek-yogurt>

## Ingredients:

- 1 stick butter softened
- 1 1/4 cups sugar
- 2 eggs
- 1 teaspoon vanilla extract
- 1 3/4 cups flour
- 1/2 teaspoon salt
- 2 teaspoons baking powder
- 1 cup Greek yogurt blueberry, I like Chobani fruit on the bottom
- 2 cups blueberries rinsed, stems removed
- sugar for topping

## Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 60 milligrams
4. Fat: 9 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 5 grams
8. Sodium: 260 milligrams
9. Sugar: 26 grams

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