

Sopa Seca (Mexican Noodle Casserole)

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/soicy-mexican-crema-recipe>

Ingredients:

- 1 pound angel hair pasta
- olive oil
- 1 onion
- 2 cloves garlic
- 7 ounces Old El Paso chopped green chiles
- 28 ounces crushed tomatoes Muir Glen™ Organic, Fire Roasted
- 1 1/2 cups chicken stock
- cotija cheese
- avocado

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 107 grams
3. Cholesterol: 5 milligrams
4. Fat: 11 grams
5. Fiber: 9 grams
6. Protein: 23 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 450 milligrams
9. Sugar: 7 grams

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