

# Mexican Burrito Casserole

Yield: 8 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/the-best-mexican-burrito-recipe>

## Ingredients:

- 2 pounds ground beef
- 12 ounces enchilada sauce cans, I use the mild
- 16 ounces refried beans with ¼ cup water added to it and warmed up
- 1 package large flour tortillas 10 in pkg
- 10 ounces shredded cheddar cheese pkgs.
- garlic powder to taste
- salt
- pepper

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 115 milligrams
4. Fat: 29 grams
5. Fiber: 4 grams
6. Protein: 34 grams
7. SaturatedFat: 14 grams
8. Sodium: 1020 milligrams
9. Sugar: 3 grams
10. TransFat: 1 grams

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