

# Alcohol-free Christmas pudding

Yield: 8 min  
Total Time: 320 min

Recipe from: <https://www.recipeschoose.com/recipes/best-alcohol-free-christmas-pudding-recipe>

## Ingredients:

- 4 tablespoons apple and blackcurrant squash
- 2/3 cup dried mixed fruit
- 2/3 tablespoon orange juice
- 1/2 lemon zest and juice
- 1/2 apples eating, grated
- 1 free range eggs medium
- 4 1/2 tablespoons white flour plain, all purpose flour
- 1/2 cup caster sugar white, superfine
- 1 1/4 ounces suet shredded, vegetarian if needed
- 1 1/4 ounces fresh white breadcrumbs
- 1/2 teaspoon mixed spice ground
- 1/4 teaspoon ground nutmeg
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon baking powder

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 30 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 50 milligrams
9. Sugar: 20 grams

---

Thank you for visiting our website. Hope you enjoy Alcohol-free Christmas pudding above. You can see more 18+ best alcohol free christmas pudding recipe Elevate your taste buds! to get more great cooking ideas.