

Roasted Acorn Squash

Yield: 8 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/acorn-squash-chinese-recipe>

Ingredients:

- 2 whole acorn squash peeled and cubed, about 6 cups
- 2 tablespoons olive oil
- 1 large onion roughly chopped
- 2 cloves garlic minced
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 teaspoon dried thyme
- 1 teaspoon dried sage
- 1 teaspoon dried rosemary

Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 2 grams
3. Fat: 3.5 grams
4. Sodium: 150 milligrams
5. Sugar: 1 grams

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