

# Beetroot Salad

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-cabbage-pickle-recipe>

## Ingredients:

- 4 potatoes
- 1 beetroot
- 1 carrot
- 2 pickled cucumbers
- 1 3/8 cups cabbage pickled
- 1 apple soaked
- 1 3/4 ounces onion bulb
- 3 tablespoons sunflower oil
- 3 3/8 tablespoons vinegar
- 1 teaspoon mustard
- salt – to taste
- sugar – to taste

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 52 grams
3. Fat: 10 grams
4. Fiber: 7 grams
5. Protein: 5 grams
6. SaturatedFat: 1 grams
7. Sodium: 460 milligrams
8. Sugar: 15 grams

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