

Pickled Ginger for Sushi

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pickled-beets-recipe>

Ingredients:

- 1 piece ginger root
- 1 cup rice vinegar
- 2 tablespoons sugar unrefined
- 1/2 teaspoon salt
- 1 slice beetroot Or beet juice - optional- for color only

Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 6 grams
3. Sodium: 300 milligrams
4. Sugar: 6 grams

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