

Roasted Beet and Blood Orange Salad with Spicy Greens

Yield: 8 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/beet-salad-vinaigrette-russian-recipe>

Ingredients:

- 1 1/2 pounds beets medium gold
- 1 1/2 pounds red beets medium
- extra virgin olive oil
- salt
- ground black pepper Freshly
- 6 blood oranges small
- vinaigrette Blood Orange Sherry, recipe follows
- 1/4 pound arugula baby
- 1/4 pound baby spinach
- 1/4 cup sherry vinegar
- 1/4 cup chives finely chopped
- 2 blood oranges small
- 1 shallot medium, peeled, trimmed, and minced
- 2 tablespoons sherry vinegar
- salt
- ground black pepper Freshly
- 3/8 cup extra virgin olive oil

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 34 grams
3. Fat: 13 grams
4. Fiber: 8 grams
5. Protein: 6 grams
6. SaturatedFat: 2 grams
7. Sodium: 350 milligrams
8. Sugar: 23 grams

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