

Beef Tacos de Lengua

Yield: 1 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-beef-tongue-recipe>

Ingredients:

- 4 pounds beef tongue
- 2 onions large, peeled
- 1 head garlic yes an entire head of, peeled and crushed
- 7 bay leaves
- 1 tablespoon peppercorns
- 2 tablespoons salt
- vegetable oil
- corn tortillas 2 to 3 per person
- salsa verde
- avocados
- cilantro
- red onion Chopped
- radishes Thinly sliced, for garnish, optional