

Mexican Pulled Beef Tacos

Yield: 6 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-style-beef-tacos-recipe>

Ingredients:

- 2 pounds beef chuck organic
- 2 onions
- 5 cloves garlic
- 2 tablespoons tomato paste
- 1 can chopped tomatoes
- 1 tablespoon cumin
- 1 chipotle pepper

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 100 milligrams
4. Fat: 28 grams
5. Fiber: 2 grams
6. Protein: 30 grams
7. SaturatedFat: 11 grams
8. Sodium: 150 milligrams
9. Sugar: 4 grams

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