

Cheesy Ground Beef Pasta Skillet

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/beef-pasta-recipes>

Ingredients:

- 2 cups pasta cooked see NOTES
- 1 tablespoon extra virgin olive oil
- 1 pound ground beef
- 1/2 teaspoon pepper
- 3 garlic cloves minced
- 1 teaspoon crushed red chili flakes optional
- 1 tablespoon worcestershire sauce
- 2 tablespoons tomato paste
- 1 onion chopped
- 1/2 cup chopped parsley plus more for garnish
- salt to taste
- 2 cups shredded mozzarella

Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 120 milligrams
4. Fat: 34 grams
5. Fiber: 3 grams
6. Protein: 44 grams
7. SaturatedFat: 15 grams
8. Sodium: 740 milligrams
9. Sugar: 5 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Cheesy Ground Beef Pasta Skillet above. You can see more 17 beef pasta recipes Elevate your taste buds! to get more great cooking ideas.