

# Red Charred Salsa

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/epcot-mexico-beef-empanadas-sauce-recipe>

## Ingredients:

- 3 tomatoes medium large, about 4" round is what I used.
- beef
- tomato
- 10 chiles de arbol
- 4 chile cascabel
- 2 garlic cloves medium, peeled
- 1 1/2 teaspoons sea salt
- water
- 1/2 red onion
- 1 bunch cilantro

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 10 milligrams
4. Fat: 3 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 1 grams
8. Sodium: 1070 milligrams
9. Sugar: 4 grams

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