

Mushroom & Red Wine Sauce

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/beef-enchiladas-with-red-sauce-recipes>

Ingredients:

- 3 tablespoons butter
- 2 garlic cloves minced
- 1 1/4 pounds mushrooms cut up or sliced
- 1 teaspoon fresh rosemary chopped
- cracked black pepper freshly
- 1 cup dry red wine
- 1 cup beef mushroom or vegetable broth
- wine splash of
- 1 tablespoon corn starch
- salt to taste

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 60 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 15 grams
7. SaturatedFat: 9 grams
8. Sodium: 300 milligrams
9. Sugar: 3 grams
10. TransFat: 0.5 grams

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