

Kris' Amazing Shredded Mexican Beef

Yield: 12 min
Total Time: 525 min

Recipe from: <https://www.recipeschoose.com/recipes/top-round-mexican-recipe>

Ingredients:

- 4 pounds bottom round roast beef, or other lean roast
- 2 teaspoons ground black pepper
- 1 onion large, diced
- 7 ounces chopped green chilies
- 2 teaspoons chili powder
- 1 teaspoon cayenne pepper
- 1 tablespoon garlic powder
- 2 teaspoons ground cumin
- 7 ounces chipotle peppers in adobo sauce or to taste
- 1 cube beef bouillon

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 90 milligrams
4. Fat: 22 grams
5. Fiber: 1 grams
6. Protein: 33 grams
7. SaturatedFat: 8 grams
8. Sodium: 2930 milligrams
9. Sugar: 2 grams

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