

Beef Chimichanga

Yield: 5 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/beef-chimichanga-recipe-copycat-mexico-restaurant>

Ingredients:

- 1 tablespoon olive oil
- 1 pound ground beef
- 2 teaspoons ground cumin
- 2 teaspoons chili powder
- 1 teaspoon dried oregano
- kosher salt
- freshly ground black pepper
- 1/2 teaspoon sugar
- 1/2 teaspoon garlic powder
- 2 tablespoons all purpose flour
- 15 1/2 ounces diced tomatoes
- 14 1/2 ounces red kidney beans drained
- 6 large flour tortillas
- 1 cup iceberg lettuce shredded
- 1 bunch scallions chopped
- 6 ounces cheddar shredded
- vegetable oil for frying
- guacamole for garnish, optional
- 1/2 cup sour cream for garnish, optional
- 1 tomatoes seeded and chopped, for garnish, optional

Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 110 milligrams
4. Fat: 42 grams
5. Fiber: 4 grams
6. Protein: 37 grams

7. SaturatedFat: 17 grams
 8. Sodium: 870 milligrams
 9. Sugar: 7 grams
 10. TransFat: 1 grams
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