

Chinese Chilli Beef

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/knorr-chinese-chilli-recipe>

Ingredients:

- 700 grams beef strips stir fry
- 1 tablespoon brown sugar
- 1 tablespoon ginger chopped
- 2 spring onion chopped
- 1 teaspoon tomato paste
- 1 tablespoon cornstarch
- 2 tablespoons olive oil
- 2 tablespoons soy sauce
- 3/4 cup water
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1/4 teaspoon cayenne pepper
- 1/4 teaspoon chilli flakes
- 1/4 teaspoon garlic powder

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 120 milligrams
4. Fat: 33 grams
5. Fiber: 1 grams
6. Protein: 34 grams
7. SaturatedFat: 11 grams
8. Sodium: 880 milligrams
9. Sugar: 3 grams
10. TransFat: 2 grams

Thank you for visiting our website. Hope you enjoy Chinese Chilli Beef above. You can see more 17 knorr chinese chilli recipe Savor the mouthwatering goodness! to get more great cooking ideas.