

Bulgogi – Korean Beef BBQ (???)

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/beef-bbq-recipe-pakistani>

Ingredients:

- 1 pound beef Thinly sliced, top sirloin or any tender loin area
- 3 tablespoons soy sauce Kikoman
- 2 tablespoons sugar
- 1 tablespoon honey
- 2 teaspoons sugar
- 2 tablespoons cooking wine rice, [sake or leftover red wine is also ok]
- 1 tablespoon sesame oil
- 2 tablespoons minced garlic
- 1 teaspoon ground black pepper
- 2 teaspoons toasted sesame seeds
- 1 tablespoon green onion chopped

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 75 milligrams
4. Fat: 21 grams
5. Protein: 23 grams
6. SaturatedFat: 7 grams
7. Sodium: 800 milligrams
8. Sugar: 13 grams
9. TransFat: 1 grams

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