

# Celery and Dry Bean Curd

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/bean-curd-recipe-indian-style>

## Ingredients:

- 2 pieces bean curd 200-250g
- celery stem, 200g
- 2 fresh red chili
- salt
- sesame oil
- pepper powder

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 4 grams
3. Fat: 5 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 220 milligrams
8. Sugar: 2 grams

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