

# Basil Ice Cream

Yield: 7 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/basil-ice-cream-recipe-southern-living>

## Ingredients:

- 1 pint heavy cream
- 3/4 cup sugar
- 3 tablespoons basil fresh, chopped
- 6 egg yolks
- 1 cup half-and-half
- 1 vanilla bean split lengthwise

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 305 milligrams
4. Fat: 39 grams
5. Protein: 5 grams
6. SaturatedFat: 23 grams
7. Sodium: 55 milligrams
8. Sugar: 22 grams

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