

Thai Basil Chicken

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/basil-chinese-recipe>

Ingredients:

- 3 tablespoons vegetable oil
- 1 teaspoon Sriracha sauce
- 1 teaspoon crushed red pepper
- 1 medium onion chopped
- 4 cloves garlic sliced, about 3 tablespoons
- 1 pound skinless boneless chicken breasts cut into bite-size pieces
- 2 teaspoons brown sugar
- 1 tablespoon fish sauce or more adjust to taste
- 1 tablespoon soy sauce
- 3/4 cup fresh basil leaves about 10 or more leaves

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 75 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 25 grams
7. SaturatedFat: 2 grams
8. Sodium: 730 milligrams
9. Sugar: 3 grams

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