

# Nenni's Italian Pork Sausage

Yield: 9 min  
Total Time: 600 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-pork-sausage-recipe>

## Ingredients:

- 9 pounds pork shoulder cut into cubes
- 3 tablespoons garlic powder
- 1/4 cup fennel seed
- 2 tablespoons crushed red pepper flakes
- 4 teaspoons salt
- 2 teaspoons ground black pepper
- 2 tablespoons dried parsley
- 1/2 cup dry white wine
- 15 1/8 feet hog casings diameter, rinsed

## Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 305 milligrams
4. Fat: 33 grams
5. Fiber: 2 grams
6. Protein: 92 grams
7. SaturatedFat: 9 grams
8. Sodium: 1400 milligrams

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