

# Crispy Baked Basa Fillets

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/basa-fillet-recipe-indian-style>

## Ingredients:

- basa fillet or any white fish fillet - 600g cut in thick strips
- 1 tablespoon lime juice
- 1 tablespoon light mayonnaise
- onion Paste - 1 teaspoon
- 1 teaspoon garlic paste
- salt
- pepper
- 1/2 cup fresh breadcrumb
- 1 melted butter

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 10 grams
3. Fat: 1.5 grams
4. Fiber: 1 grams
5. Protein: 2 grams
6. Sodium: 310 milligrams
7. Sugar: 1 grams

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