

# Barramundi Fish Curry

Yield: 5 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/barramundi-fish-recipe-indian>

## Ingredients:

- 2 pounds barramundi cut into steaks
- 1 red onion chopped
- 1 cup tomatoes chopped
- 1 tablespoon ginger garlic paste
- 1 teaspoon red chili powder
- 1 teaspoon turmeric
- 1 teaspoon salt
- 2 green chilies chopped
- 1 cup water
- 1 handful fresh cilantro Chopped

## Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 6 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sodium: 480 milligrams
6. Sugar: 3 grams

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