

Indian Mackerel (bangda) fish Tawa fry

Yield: 2 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/bangda-fish-curry-recipe-indian>

Ingredients:

- 1 mackerel 4-5 Indian, bangda fish.
- 2 teaspoons ginger garlic paste
- 1 teaspoon chilli powder paprika
- 1 teaspoon cumin powder
- 1/2 teaspoon coriander powder
- 1/3 teaspoon turmeric powder
- 1 teaspoon lemon juice
- 8 curry leaves 3 - 4
- 1/3 teaspoon salt
- 3 teaspoons cooking oil olive oil
- fish
- mackerel
- salt
- cumin powder
- chilli powder
- corriander
- curry leaves