

# Banana Upside Down Cake

Yield: 12 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/bananas-foster-upside-down-cake-recipe-southern-living>

## Ingredients:

- 1 cup brown sugar
- 6 tablespoons unsalted butter melted
- 2 bananas sliced into 1/4" rounds, or more depending on how you arrange them
- 1 1/2 cups all purpose flour
- 1/2 teaspoon baking soda
- 1 teaspoon baking powder
- 1 pinch salt
- 3/4 cup brown sugar
- 1/4 cup granulated sugar
- 1 cup mashed banana about 2 medium sized bananas
- 1/2 cup buttermilk
- 1 tablespoon vanilla
- 1/3 cup oil
- 2 eggs

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 50 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 150 milligrams
9. Sugar: 29 grams

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