

Banana Peel Bacon

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/banana-peel-recipe-india>

Ingredients:

- 2 banana very ripe, peels,, from 2 bananas, see instructions*
- 3 tablespoons soy sauce
- 1 tablespoon maple syrup
- 1/2 teaspoon smoked paprika
- 1/2 teaspoon garlic powder
- 1 tablespoon oil light, or more if needed

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 18 grams
3. Fat: 3.5 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. Sodium: 680 milligrams
7. Sugar: 10 grams

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