

Healthy Banana Bread

Yield: 40 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/banana-bread-recipe-healthy-greek-yogurt>

Ingredients:

- 1/2 cup coconut oil
- liquid
- 1/2 cup Truvia Baking Blend
- 2 eggs
- 1/2 cup greek yogurt
- 3 bananas ripe, mashed
- 2 teaspoons vanilla extract
- 1 1/4 cups white whole wheat flour
- 1/4 teaspoon salt
- 1 teaspoon baking soda

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 10 milligrams
4. Fat: 3 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 50 milligrams
9. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Healthy Banana Bread above. You can see more 17 banana bread recipe healthy greek yogurt Delight in these amazing recipes! to get more great cooking ideas.