

# Easy Baked Spaghetti Pie

Yield: 8 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/baked-spaghetti-pie-recipe-from-italy>

## Ingredients:

- 8 ounces spaghetti 6-, about a half a package -just eye ball it
- 2 tablespoons butter
- 1/3 cup Parmesan cheese
- 2 eggs lightly beaten
- 1 pound ground beef or ground turkey
- 1 jar pasta sauce or you could use tomato sauce -1 can -just add Italian
- 1/2 cup chopped onion
- 1/4 cup green pepper chopped, optional
- garlic salt
- 1 cup cottage cheese or ricotta cheese either one is great -we just use what is cheaper at the time - normally it is cottage cheese
- 1/2 cup mozzarella cheese or Italian blend

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 115 milligrams
4. Fat: 20 grams
5. Fiber: 4 grams
6. Protein: 24 grams
7. SaturatedFat: 9 grams
8. Sodium: 660 milligrams
9. Sugar: 11 grams
10. TransFat: 0.5 grams

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