

Baked Spaghetti

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-spaghetti-recipe-with-ground-beef>

Ingredients:

- 1 pound ground beef
- 1 can spaghetti sauce Hunt's
- 1 can tomato sauce 15 oz
- 1 onion diced
- 2 cups mozzarella
- basil optional
- oregano optional
- pepper optional
- salt optional
- 8 ounces spaghetti the picture shows 16oz., but you only need 8oz

Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 120 milligrams
4. Fat: 31 grams
5. Fiber: 4 grams
6. Protein: 42 grams
7. SaturatedFat: 14 grams
8. Sodium: 630 milligrams
9. Sugar: 3 grams
10. TransFat: 1 grams

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