

Indian Baked Rice

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/baked-rice-recipe-indian>

Ingredients:

- basmati rice 19 oz
- 5 tablespoons vegetable oil
- 1/4 cup slivered almonds
- 1 onion large, halved lengthwise and thinly sliced crosswise
- 1 large garlic clove minced
- 1 chile small fresh jalapeño, seeded and thinly sliced crosswise
- 1 teaspoon garam masala
- 1 teaspoon peeled fresh ginger finely grated
- 1/2 teaspoon salt
- 4 cups chicken broth heated

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 9 grams
3. Fat: 12 grams
4. Fiber: 1 grams
5. Protein: 4 grams
6. SaturatedFat: 1 grams
7. Sodium: 210 milligrams
8. Sugar: 1 grams

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