## RecipesCh@-se

## The Barbecue

Yield: 4 min Total Time: 70 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/baked-potato-dinner-recipes">https://www.recipeschoose.com/recipes/baked-potato-dinner-recipes</a>

## **Ingredients:**

- 1 pound potatoes your favorite- I used Yukon Gold cut lengthwise into 1/4-inch-thick slices
- 2 cups white vinegar
- 2 tablespoons extra-virgin olive oil
- 1 1/2 teaspoons coarse salt plus more for sprinkling
- 1/4 teaspoon freshly ground pepper
- 3/4 cup plain low fat yogurt
- 3/4 cup extra virgin olive oil
- 6 garlic cloves minced
- 1 tablespoon dried thyme
- 1 tablespoon dried oregano
- 1 1/2 teaspoons salt
- 1 1/2 teaspoons ground black pepper freshly
- 1/2 teaspoon cayenne pepper
- 6 boneless skinless chicken breasts cut into 1-inch cubes
- 3 tablespoons fresh basil leaves chopped
- 5 tablespoons lemon juice freshly squeezed
- 3 red bell peppers large, stemmed and seeded and cut into 1-inch pieces
- 2 red onions large, peeled and cut into 1-inch pieces

## **Nutrition:**

Calories: 810 calories
Carbohydrate: 36 grams
Cholesterol: 115 milligrams

4. Fat: 53 grams5. Fiber: 6 grams6. Protein: 44 grams7. SaturatedFat: 8 grams8. Sodium: 2030 milligrams

9. Sugar: 11 grams

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