

# Mark's English Sausage Rolls

Yield: 12 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/baked-pork-cookie-chinese-recipe-english>

## Ingredients:

- 16 ounces pork sausage meat
- 17 1/4 ounces frozen puff pastry sheets thawed
- 1/4 cup Dijon mustard
- 1 beaten egg

## Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 30 milligrams
4. Fat: 3.5 grams
5. Protein: 9 grams
6. SaturatedFat: 1 grams
7. Sodium: 20 milligrams

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