

Oven Baked Chinese BBQ Pork

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/baked-chinese-recipe>

Ingredients:

- 3 pounds boneless pork shoulder or butt
- 1/4 cup hoisin sauce
- 1/4 cup brown sugar
- 1/4 cup honey
- 3 tablespoons soy sauce
- 1/4 cup dry sherry
- 2 tablespoons oyster sauce
- 1 teaspoon Chinese five-spice
- 4 garlic cloves minced
- 2 teaspoons red food coloring optional
- 1 teaspoon cornstarch

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 205 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 80 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1460 milligrams
9. Sugar: 31 grams

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