

Baked Beans

Yield: 10 min
Total Time: 490 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-beans-with-hot-italian-sausage>

Ingredients:

- 1 green pepper chopped
- 1 red pepper chopped
- 1 onion chopped
- 62 ounces beans drained - I used kidney black, cannelloni and; garbanzo beans, but don't be limited by that. Use your favorite beans!
- 28 ounces crushed tomatoes
- 1/2 cup barbecue sauce
- 1 cup brown sugar
- 1 tablespoon dry mustard
- 6 slices bacon
- 1/2 pound spicy Italian sausage

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 30 milligrams
4. Fat: 15 grams
5. Fiber: 8 grams
6. Protein: 11 grams
7. SaturatedFat: 5 grams
8. Sodium: 560 milligrams
9. Sugar: 24 grams

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