

Bacon Wrapped Chicken

Yield: 12 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/bacon-wrapped-swiss-chicken-breast-recipe>

Ingredients:

- 4 chicken breasts boneless, skinless
- 16 ounces bacon sliced
- 2/3 cup firmly packed brown sugar
- 2 tablespoons chili powder
- oregano
- thyme
- garlic powder
- crushed red pepper flakes
- salt
- pepper

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 50 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 13 grams
7. SaturatedFat: 6 grams
8. Sodium: 440 milligrams
9. Sugar: 12 grams

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