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## Classic Bolognese Sauce

Yield: 4 min Total Time: 70 min

Recipe from: https://www.recipeschoose.com/recipes/italian-bolognese-sauce-recipe-giada

## **Ingredients:**

- 2 tablespoons unsalted butter
- 2 tablespoons extra virgin olive oil
- 4 ounces pancetta diced
- 1 sweet onion large, chopped
- 2 carrots peeled and chopped
- 2 stalks celery chopped
- 2 cups mushrooms coarsely chopped
- 4 cloves garlic chopped
- 1 pound ground beef
- 1 pound ground pork
- 1 pound ground veal
- 6 ounces tomato paste
- 1 cup dry white wine
- 1 cup whole milk
- 6 sprigs fresh thyme tied into a bundle with kitchen twine
- 2 fresh bay leaves
- 28 ounces crushed tomatoes
- 14 1/2 ounces diced tomatoes
- 1 cup chicken stock

## **Nutrition:**

Calories: 1130 calories
Carbohydrate: 46 grams
Cholesterol: 290 milligrams

4. Fat: 65 grams5. Fiber: 9 grams6. Protein: 81 grams7. SaturatedFat: 25 grams8. Sodium: 1290 milligrams

9. Sugar: 20 grams10. TransFat: 1 grams

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