

# Garlic Baby Eggplant ?????

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/baby-eggplant-japanese-recipe>

## Ingredients:

- 5 cloves garlic finely minced
- 10 baby eggplant or 2 small Chinese long eggplant, cut to bite-size wedges. Peel for better flavor, as the skin may give slight bitter...
- 2 teaspoons light soy sauce
- 1 teaspoon sugar

## Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 25 grams
3. Fiber: 11 grams
4. Protein: 4 grams
5. Sodium: 160 milligrams
6. Sugar: 9 grams

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