

Baby Bok Choy

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/baby-bok-choy-recipe-italian>

Ingredients:

- 1 pound baby bok choy
- 1 teaspoon fresh ginger grated
- 2 cloves garlic grated
- 1 tablespoon shallots finely chopped
- 1 1/2 tablespoons soy sauce
- 1 teaspoon sesame oil
- 1/2 teaspoon crushed red pepper
- toasted sesame seeds for serving

Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 4 grams
3. Fat: 2.5 grams
4. Fiber: 2 grams
5. Protein: 3 grams
6. Sodium: 410 milligrams
7. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Baby Bok Choy above. You can see more 18 baby bok choy recipe italian Savor the mouthwatering goodness! to get more great cooking ideas.