

Stir-Fried Baby Bok Choy

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/baby-bok-choy-recipe-chinese-and-pork-belly>

Ingredients:

- baby bok choy halved, about 4
- sesame oil
- garlic cloves minced
- soy sauce or tamari or coconut aminos
- salt
- red pepper flakes
- water

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 3 grams
3. Fat: 6 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 1 grams
7. Sodium: 450 milligrams
8. Sugar: 1 grams

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