

Lebanese Baba Ganoush

Yield: 6 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/baba-ghanouj-lebanese-recipe>

Ingredients:

- 1 eggplant large
- 1/4 cup lemon juice
- 1/4 cup Tahini
- 2 garlic cloves
- 1/4 teaspoon salt
- olive oil optional
- parsley optional
- pomegranate optional

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 9 grams
3. Fat: 8 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 110 milligrams
8. Sugar: 2 grams

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