

Simple Curry Chicken Salad

Yield: 6 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/curry-chicken-salad-recipe-with-greek-yogurt>

Ingredients:

- 3 cups chicken shredded, {about 1 1/2 pounds}
- 3/4 cup plain greek yogurt
- 1/4 cup mayonnaise
- 1 teaspoon honey
- 2 teaspoons curry
- 1/2 cup golden raisins
- 1/2 almonds silvered, {or chopped almonds}
- 1/2 cup carrots shredded
- 2 celery stalks chopped
- 2 green onions green parts chopped
- 1/4 cup fresh parsley chopped

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 80 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 24 grams
7. SaturatedFat: 2 grams
8. Sodium: 180 milligrams
9. Sugar: 9 grams

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