

Authentic Mexican Rice

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/from-italy-authentic-recipe-for-sausage-and-peppers>

Ingredients:

- 1/4 cup cooking oil
- 1 cup rice I used Jasmine, but that's because it's my favorite
- 2 cloves garlic minced or 1 teaspoon garlic paste
- 1/4 cup diced onions yellow or white
- 1 chicken bouillon cube
- 1 1/2 cups hot water
- 8 ounces tomato sauce
- salt
- pepper
- 1/4 teaspoon cilantro dried, optional

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 16 grams
3. Fat: 10 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 440 milligrams
8. Sugar: 4 grams

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