

# Tomato Avocado Salsa

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/avocado-salsa-recipe-italian-dressing>

## Ingredients:

- 1 1/2 cups tomatoes quartered
- 1/4 cup diced red onion
- 1/4 cup chopped cilantro
- 1 jalapeno medium, finely chopped
- 1 avocado diced
- 1 lime
- 2 tablespoons Italian dressing
- salt season with

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 12 grams
3. Fat: 10 grams
4. Fiber: 5 grams
5. Protein: 2 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 320 milligrams
8. Sugar: 4 grams

---

Thank you for visiting our website. Hope you enjoy Tomato Avocado Salsa above. You can see more 18 avocado salsa recipe italian dressing You won't believe the taste! to get more great cooking ideas.