

Avocado Greek Salad

Yield: 6 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/avocado-greek-salad-recipe>

Ingredients:

- 4 medium roma tomatoes diced
- 2 regular cucumber medium, ; peeled chopped
- 1/2 small red onion chopped
- 1 green bell pepper ; seeds removed chopped
- 1/2 cup Kalamata olives ; drained, pitted, sliced
- 4 ounces crumbled feta cheese
- 2 medium avocado ; cubed
- 2 cups lettuce your choice; optional
- 1/3 cup Mazola Corn Oil
- 2 1/2 tablespoons red wine vinegar
- 2 lemons ; juiced
- 1/2 teaspoon sugar
- 3/4 teaspoon oregano
- 1/2 teaspoon basil
- 1/4 teaspoon granulated garlic
- 1/2 teaspoon salt
- 1/4 teaspoon pepper

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 15 milligrams
4. Fat: 28 grams
5. Fiber: 8 grams
6. Protein: 5 grams
7. SaturatedFat: 5 grams
8. Sodium: 520 milligrams
9. Sugar: 4 grams

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