

# Authentic Caponata for Eggplant Lovers

Yield: 1 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/ciao-italia-caponata-recipe>

## Ingredients:

- 1 1/2 pounds eggplant cubed
- 1 medium onion chopped
- 2 stalks celery diced
- 3 garlic cloves minced
- 2 red bell peppers diced
- 4 medium tomatoes finely chopped
- 3 tablespoons olive oil
- 3 tablespoons capers rinsed and drained
- 3 tablespoons green olives pitted
- 1 tablespoon honey
- 3 tablespoons apple cider vinegar
- 2 tablespoons fresh basil leaves chopped
- salt
- black pepper