

# Vegan Borscht...Beetroot soup from Russia & Ukraine

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/russia-vechua-recipe>

## Ingredients:

- shredded cabbage Finely, : 1 cup
- shredded carrot Finely, : 1 cup
- finely chopped onion : ½ a cup
- garlic cloves Crushed, : 4-5
- potato cubes: ½ a cup
- chopped tomatoes : ½ a cup
- chopped parsley Finely, : 2 tablespoons
- dill Finely chopped, : 2 tablespoons
- lime juice : 2 tablespoons
- stock cube Vegetable
- bay leaves : 3-4
- crushed peppercorns : 1 teaspoon/ as per taste
- tomato paste : 1 tablespoon
- salt : As per taste
- olive oil : 1 tablespoon
- vegan sour cream : For serving, optional but recommended, if you are not vegan use normal sour cream
- boiling water : 1.5 liters or as required to get the required consistency