

Portuguese-Style Roast Chicken

Yield: 8 min
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-portuguese-roast-chicken-recipe>

Ingredients:

- 2 whole chickens about 3.5, 1.6kg each
- 6 cloves garlic minced
- 1 1/2 tablespoons paprika
- 1/2 cup olive oil
- 1/2 cup frank 's RedHot
- 1/3 cup lemon juice freshly squeezed
- 1/4 cup unsalted butter room temperature, 1/2 stick
- 3 teaspoons salt

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 270 milligrams
4. Fat: 33 grams
5. Fiber: 1 grams
6. Protein: 77 grams
7. SaturatedFat: 9 grams
8. Sodium: 1280 milligrams

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