

Air Fryer Polish Kielbasa and Pierogies

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-with-polish-kielbasa>

Ingredients:

- 1 medium sweet onion peeled and chopped
- 1 teaspoon olive oil
- salt
- freshly ground black pepper
- 2 tablespoons unsalted butter cubed
- 1 teaspoon sugar
- 1 pound kielbasa sausage Polish, chunked
- 13 ounces pierogies package frozen
- 2 teaspoons olive oil

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 100 milligrams
4. Fat: 31 grams
5. Fiber: 2 grams
6. Protein: 20 grams
7. SaturatedFat: 11 grams
8. Sodium: 1880 milligrams
9. Sugar: 6 grams

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